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|   |                                       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---------------------------------------|---|---|---|--|---|---|---|---|---|---|---|---|---|---|
|   | Repas / Plat                          | Lait  | Blé / Gluten  | Oeuf  | Poisson  | Sulfites  | Fruits à coques   | Crustacés   | Mollusques  | Céleri  | Soja  | Arachides   | Moutarde  | Sésame  | Lupin   |
|    | <b>Lundi 13 Janvier - Déjeuner</b>    |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Gratin de la mer                      | X   |   |   | X  | X   |   |   | X   |   |   |   |   |   |   |
|    | Penne bolognaise fumée                | X   | X   | X   |  |   |   |   |   | X   |   |   | X   |   |   |
|    | Brocolis                              | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Gouda                                 | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Petit moulé                           | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Yaourt nature sucré                   | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Compote de pommes                     |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Corbeille de fruits                   |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Liégeois vanille                      | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Pain                                  |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | <b>Mardi 14 Janvier - Déjeuner</b>    |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Carottes locales râpées au maïs       |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Salade du chef                        | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Salade piémontaise Bio                |   |   | X   |  | X   |   |   |   |   |   |   | X   |   |   |
|    | Nuggets de volaille                   |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Palette de porc à la diable           | X   | X   |   |  | X   |   |   |   |   |   |   | X   |   |   |
|   | Carottes à la crème                   | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Purée de pommes de terre              | X   |   |   |  | X   |   |   |   |   |   |   |   |   |   |
|  | Barre bretonne                        |   | X   | X   |  |   |   |   |   |   |   |   |   |   |   |
|  | Corbeille de fruits                   |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Flan chocolat                         | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Poire pochée cannelle                 | X   |   | X   |  | X   |   |   |   |   |   |   |   |   |   |
|  | Pain                                  |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | <b>Mercredi 15 Janvier - Déjeuner</b> |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Chou blanc emmental                   | X   |   |   |  | X   |   |   |   |   |   |   | X   |   |   |
|  | Salade verte croûtons emmental        | X   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Salami                                | X   |   |   |  | X   |   |   |   |   |   |   | X   |   |   |
|  | Croissant au jambon                   | X   | X   | X   |  |   |   |   |   |   |   |   |   |   |   |

|   |                                       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---------------------------------------|---|---|---|--|---|---|---|---|---|---|---|---|---|---|
|   | Repas / Plat                          | Lait  | Blé / Gluten  | Oeuf  | Poisson  | Sulfites  | Fruits à coques   | Crustacés   | Mollusques  | Céleri  | Soja  | Arachides   | Moutarde  | Sésame  | Lupin   |
|    | Papillote de merlu au poireau         | X   |   |   | X  |   |   |   |   |   |   |   |   |   |   |
|    | Fenouil braisé Bio                    |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Pommes grenailles rôties              |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Bleu                                  | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Saint-Paulin                          | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Yaourt nature sucré                   | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Beignet pomme                         |   | X   | X   |  |   |   |   |   |   |   |   |   |   |   |
|    | Corbeille de fruits                   |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Mousse au citron                      | X   | X   |   |  |   | X   |   |   |   | X   |   |   |   |   |
|    | Pain                                  |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | <b>Jeudi 16 Janvier - Déjeuner</b>    |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Betterave aux pommes                  |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Concombre alpin                       | X   |   |   |  | X   |   |   |   |   |   |   | X   |   |   |
|    | Taboulé                               |   | X   |   |  | X   |   |   |   |   |   |   |   |   |   |
|    | Filet de colin à l'indienne           |   |   |   | X  | X   |   |   |   |   |   |   |   |   |   |
|    | Riz à la mexicaine                    |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Printanière de légumes                | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Riz                                   |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Salade verte                          |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Carré                                 | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Yaourt aromatisé                      | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Yaourt nature sucré                   | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Compote pommes spéculoos              |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Corbeille de fruits                   |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Mousse chocolat au lait               | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Pain                                  |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | <b>Vendredi 17 Janvier - Déjeuner</b> |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Chou rouge vinaigrette                |   |   |   |  | X   |   |   |   |   |   |   | X   |   |   |
|  | Coleslaw                              |   |   | X   |  | X   |   |   |   |   |   |   | X   |   |   |
|  | Œufs durs mayonnaise                  |   |   | X   |  | X   |   |   |   |   |   |   | X   |   |   |

|   |                                 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---------------------------------|---|---|---|--|---|---|---|---|---|---|---|---|---|---|
|   | Repas / Plat                    | Lait  | Blé / Gluten  | Oeuf  | Poisson  | Sulfites  | Fruits à coques   | Crustacés   | Mollusques  | Céleri  | Soja  | Arachides   | Moutarde  | Sésame  | Lupin   |
|  | Beignet de poisson sauce tomate |   | X   |   | X  |   |   |   |   |   | X   |   |   |   |   |
|  | Rôti de porc au lait            | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Blé et julienne de légumes      | X   | X   |   |  |   |   |   |   | X   |   |   |   |   |   |
|  | Salsifis en persillade          |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Camembert                       | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Mimolette                       | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Rondelé ail fines herbes        | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Corbeille de fruits             |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Crème pralinée                  | X   | X   |   |  |   | X   |   |   |   | X   |   |   |   |   |
|  | Flan vanille caramel            | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Pain                            |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |