

| Repas / Plat | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|--|------|--------------|------|---------|----------|-----------------|-----------|------------|--------|------|-----------|----------|--------|-------|
| Liste des 14 allergènes principaux par recette | | | | | | | | | | | | | | |
| Lundi 17 Janvier - Déjeuner | | | | | | | | | | | | | | |
| Assiette de crudités | | | | | | | | | X | | | | | |
| Macédoine à la mayonnaise | | | X | | X | | | | | | | X | | |
| Mortadelle | | | | | X | | | | | | | X | | |
| Salade douceur | | | | | X | | | | | | | X | | |
| Colin sauce colombo et coriandre | X | X | | X | X | X | | | | | | | | |
| Cordon bleu | X | X | X | | | | | | X | X | | | X | |
| Chou-fleur persillés | X | | | | | | | | | | | | | |
| Purée de pommes de terre | X | | | | X | | | | | | | | | |
| Brie | X | | | | | | | | | | | | | |
| Camembert | X | | | | | | | | | | | | | |
| Pont l'Evêque | X | | | | | | | | | | | | | |
| Yaourt nature sucré | X | | | | | | | | | | | | | |
| Ananas Bio | | | | | | | | | | | | | | |
| Beignet pomme | | X | X | | | | | | | | | | | |
| Corbeille de fruits | | | | | | | | | | | | | | |
| Flan à la vanille | X | | | | | | | | | | | | | |
| Mardi 18 Janvier - Déjeuner | | | | | | | | | | | | | | |
| Carottes Bio râpées | | | | | | | | | | | | | | |
| Duo concombre maïs | X | | | | X | | | | | | | | | |
| Friand au fromage | X | X | X | | | | | | | | | | | |
| Salade piémontaise | | | X | | X | | | | | | | X | | |
| Filet de dorade aux agrumes | X | X | | X | | X | | | | | | | | |
| Merguez | | | | | X | | | | | | | | | |
| Légumes couscous | | | | | | | | | X | | | X | | |
| Semoule Bio aux épices | X | X | | | | | | | | | | X | | |
| Carré de l'est | X | | | | | | | | | | | | | |
| Cotentin | X | | | | | | | | | | | | | |
| Fourme d'Ambert | X | | | | | | | | | | | | | |
| Yaourt nature sucré | X | | | | | | | | | | | | | |
| Corbeille de fruits | | | | | | | | | | | | | | |
| Douceur lactée au citron | X | | | | | X | | | | | | | | |
| Mousse chocolat au lait | X | | | | | | | | | | | | | |
| Roulé au chocolat | X | X | X | | | | | | | X | | | | |
| Mercredi 19 Janvier - Déjeuner | | | | | | | | | | | | | | |
| Fenouil émincé vinaigrette | | | | | X | | | | | | | | X | |
| Jambon cru | | | | | X | | | | | | | | X | |
| Œufs durs mayonnaise | | | X | | X | | | | | | | | X | |
| Salade chou chou | X | | X | | X | | | | | | | | X | |
| Assiette kebab | X | X | | | | X | | | | X | | | | |
| Waterzooi de poissons | | X | | X | | X | | | X | | | | | |
| Endives braisées | | | | | X | | | | | | | | | |
| Pommes frites | | | | | | | | | | | | | | |
| Fondu Président | X | | | | | | | | | | | | | |
| Montboissier | X | | | | | | | | | | | | | |
| Tomme de Savoie au lait cru | X | | | | | | | | | | | | | |
| Yaourt nature sucré | X | | | | | | | | | | | | | |
| Beignet chocolat noisette | X | X | X | | | X | | | | X | | | | |
| Compote de pommes | | | | | | | | | | | | | | |
| Corbeille de fruits | | | | | | | | | | | | | | |
| Pêche Melba | X | | | | | | | | | | | | | |
| Jedi 20 Janvier - Déjeuner | | | | | | | | | | | | | | |
| Concombre au surimi | X | X | X | X | X | | X | | | X | | | X | |
| Farfalle au pistou | X | X | X | | | | | | | | | | | |
| Rillettes à la sardine | X | X | X | X | X | | | | | | | | X | |
| Taboulé aux petits légumes marinés | | X | | | | | | | X | | | | | |
| Coquillettes et achard de légumes | | X | | | | | | | | | | | | |
| Filet de hoki sauce normande | X | X | | X | X | X | | | X | | | | | |
| Coquillettes Bio | X | X | | | | | | | | | | | | |
| Haricots verts Bio | X | | | | | | | | | | | | | |
| Cantal | X | | | | | | | | | | | | | |
| Gouda | X | | | | | | | | | | | | | |
| Yaourt aromatisé | X | | | | | | | | | | | | | |
| Yaourt nature sucré | X | | | | | | | | | | | | | |
| Corbeille de fruits | | | | | | | | | | | | | | |
| Flan chocolat | X | | | | | | | | | | | | | |
| Mousse aux Spéculoos | X | X | | | | | | | | X | | | | |
| Tarte aux pommes | X | X | X | | | | | | | | | | | |
| Vendredi 21 Janvier - Déjeuner | | | | | | | | | | | | | | |
| Carottes râpées Bio vinaigrette aux agrumes | | | | | X | | | | | | | | | |
| Chou-fleur mimosa | | | X | | | | | | | | | | | |
| Coquillettes sauce cocktail | | X | X | | X | | | | X | | | | X | |
| Salade de poulet | | X | | X | | | | | | X | | | | |
| Beignet calamar sauce tartare | | X | X | | X | | | X | | | | | X | |
| Pavé de colin à la provençale | | X | | X | X | X | | | X | | | | X | |
| Poêlée aux légumes | | | | | | | | | | | | | | |
| Riz Bio pilaf | | | | | | | | | | | | | | |
| Bleu des causses AOP | X | | | | | | | | | | | | | |
| Croûte noire | X | | | | | | | | | | | | | |
| Saint-Paulin | X | | | | | | | | | | | | | |
| Yaourt nature sucré | X | | | | | | | | | | | | | |
| Compote pommes bananes | | | | | | | | | | | | | | |
| Corbeille de fruits | | | | | | | | | | | | | | |
| Entremets au chocolat | X | | | | | | | | | | | | | |
| Mousse menthe chocolat | X | | X | | | | | | | | | | | |